

Contents

<i>Introduction</i>	<i>xi</i>
<i>Our Past (Before You Arrived)</i>	<i>1</i>
<i>Our Present (When You Arrived)</i>	<i>23</i>
<i>Baby's First Year</i>	<i>61</i>
<i>Your Future (What You Might Be)</i>	<i>131</i>
<i>Final Thoughts</i>	<i>138</i>
<i>Index</i>	<i>140</i>